

National Programme for Prevention and Control of Non-Communicable Diseases (NP-NCD)

The Government of India initiative aimed at reducing the burden of major non-communicable diseases. The programme focuses on health promotion, early diagnosis through screening, timely treatment, and long-term management of diabetes, cardiovascular diseases and stroke. NP-NCD strengthens healthcare services at primary, secondary and tertiary levels, promotes lifestyle modification, and builds capacity of health systems to improve quality of care and prevent complications.

Major Objectives of NP-NCD

- To prevent and control diabetes, cardiovascular diseases and stroke through health promotion and lifestyle modification.
- To enable early diagnosis and management of non-communicable diseases through population-based screening.
- To strengthen healthcare facilities for comprehensive management of diabetes, cardiovascular diseases and stroke at all levels of care.
- To build capacity of health personnel through training and skill development.
- To promote public awareness and community participation for prevention and control of non-communicable diseases.

Major Projects Implemented under NPCDCS during Calendar Year 2025

- **Day Care Cancer Centres (DCCCs):** Day Care Cancer Centres were established/strengthened to provide accessible cancer care services such as chemotherapy, supportive care, early management of cancer cases and referral linkages, thereby reducing the burden on tertiary care institutions and improving patient access at the District Hospital (IGH Kavaratti).
- **NCD Clinics:** Operationalization and strengthening of NCD clinics at district and community health centre levels for screening, diagnosis, treatment and follow-up of diabetes, hypertension and cardiovascular diseases.
- **Population-Based Screening (PBS):** Continued screening of adults for diabetes, hypertension and common cancers through Health and Wellness Centres and outreach activities.
- **Strengthening of Health Facilities:** Provision of essential drugs, diagnostics and equipment for effective management of NCDs at primary, secondary and tertiary levels.

Awareness Programmes Conducted during Calendar Year 2025

- **World Hypertension Day (17 May 2025):** Awareness programmes were conducted for school students, their families and school teachers focusing on prevention, early detection and control of hypertension. Activities included health talks, blood pressure screening camps, and distribution of IEC materials. NCD toolkits were distributed to all ASHAs at

UTL level, and umbrellas carrying hypertension awareness messages were distributed to school students to promote healthy lifestyle practices.

- **World Diabetes Day (14 November 2025):** Diabetes awareness activities were organized to emphasize early diagnosis, regular monitoring and lifestyle modification. Screening camps, educational sessions and community outreach programmes were conducted at health facilities and community levels.
- **Cancer Awareness Programmes (2025):** Cancer awareness activities were conducted throughout the year with a focus on prevention, early detection and screening of common cancers such as oral, breast and cervical cancer. Community awareness sessions, screening camps and IEC activities were organized to encourage timely health-seeking behaviour.
- **Obesity Awareness Programmes (2025):** Obesity awareness programmes were conducted with special focus on women. Activities included awareness classes on healthy nutrition and lifestyle, along with distribution of nutrition kits to promote healthy eating practices.

Financial Status up to December 2025

For the financial year **2025–26**, an allocation of **₹21.7 crore** was made under the programme. Expenditure incurred up to **December 2025** is **₹15.59 crore**, reflecting significant progress in utilization of allocated funds towards implementation of planned activities and strengthening of services.