

National Programme for Health Care of the Elderly (NPHCE)

National Programme Health Care of the Elderly (NPHCE) is an expiration of National policy on older person as a result of implementation of maintenance and welfare of perchance and senior citizen act.

1, Objective

Main objective of the programme is to provide preventive, curative and Rehabilitative services to the elderly people both at sub centre and Primary Health Centre level.

2, Major Initiatives by the programme

Introduced special Op time to senior citizens in all islands and provided additional beds both male and female to elderly in all health facilities of UTLA.

3, Information Education and Communication

Conducted Observance of Elderly day on 1st October in all Islands namely Kavaratti, Androth, Agathi, Kalpeni, Kadamath, Amini, Chethlath, Bitra and Minicoy.

Seminar was conducted

Elderly people were gifted clothes as token of respect.

Discussion about providing quality medicines to elderly.





4, Package of Services at sub centre level.
A, IGH Kavaratti

Supplied free adult diapers on demand both at facility level (admitted patients and bed ridden patients) during the course of palliative visit of Programme Officer and dealing assistant required aids were provided to elderly and bed ridden patients.

B, CHC ANDROTH

Medical Officer and Rehabilitation Worker conducted monthly visit to elderly patients and bed ridden patients and provided basic health checkups, supplied adult diapers to list and eligible elderly patients. Ensured supply of drugs and health assessment of the elderly persons.

C, OTHER ISLANDS (PHC and CHC)

Simultaneously conducted special camps. For extending medical care to bed ridden and disabled elderly patients.

By fortnight paid visit to bed ridden patient by Rehabilitation Workers and provided counselling services.

5, TRAINING

Training given for providing special attention is given for care given to handle the issue related to elderly and bed ridden patients.

6, REGISTER FOR THE ELDERLY PATIENTS

Data Collection of Bed ridden patients completed in all islands. Rehabilitation workers weekly conducted door to door survey collected details of bedridden patients and assessed requirement of napkins and other assistive devices. Total number of bed ridden patients registered.

7. FREE SUPPLY: - Free Supply of Sanitary napkins and other assistive devices to registered numbers of bedridden patients completed

8. Free Supply of Medicines and consumables



